

## Sir Thomas Boughey 2018/19

### Health and Social Care

Year 9	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Content / topics</b>	Learning Component 1 Human Lifespan Development. Learning Aim A: Main Life stages. Physical, Intellectual, Emotional and Social Development.	Social and Cultural factors. Relationships and Isolation. Economic Factors	Lifestyle Factors. Exam preparation.	Learning Aim B: Life Events, Physical events, Relationship changes and life circumstances.	Dealing with Life Events. Adapting to change, Types of support - informal, professional and voluntary sources of support.	Learning component 1 reinforcing the basics.
<b>Skills</b>	AO1 - knowledge and understanding.	AO1; AO2 Analyse.	AO1, AO2 and AO3 Evaluate.	AO1; AO2; AO3	AO1; AO2; AO3	AO1, AO2, AO3.
<b>Assessments / PPEs</b>		Assessment cycle 1	Assessment cycle 2. Year 9 examination	Assessment cycle 3. Learning Aim A assessment practice.		Assessment cycle 4. Learning Aim B assessment practice.

Year 10	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Content / topics</b>	Component 2 Health and Social Care. Learning Aim A. Services and Values. Primary Care, Secondary and Tertiary Care, Allied Health Professionals, Services for Adults and Children with Specific Needs, Services for older Adults. Informal Social care.	<b>Barriers to services - physical, sensory, social, cultural and psychological barriers; language, geographical, intellectual, resource and financial barriers for service providers.</b>	Learning Aim B - Care Values: Empowering and promoting independence, respect for others, Maintaining confidentiality, Preserving dignity. Effective communication, safeguarding and duty of care, Applying care values in a compassionate way. Working together, making mistakes, Reviewing own application of Care Values.	Component 3 Health and Wellbeing. Learning Aim A. Definition of Health and Wellbeing, Genetic inheritance, ill health, diet, exercise, substance abuse, Personal hygiene, social interactions, stress, accessing services, Financial resources, Environmental conditions, and housing.	The impact of life events relating to relationship changes; impact of life events relating to changes in life circumstances. Learning Aim B - Health indicators, Resting pulse rate and recovery after exercise, blood pressure, peak flow, BMI, using published guidelines to interpret health indicators.	Risks to physical health of abnormal readings, interpreting lifestyle data, interpreting lifestyle data on smoking, alcohol and inactivity.
<b>Skills</b>	AO1; AO2; AO3	AO1; AO2; AO3	AO1; AO2; AO3	AO1; AO2; AO3	AO1; AO2; AO3	AO1; AO2; AO3
<b>Assessments / PPEs</b>		Assessment cycle 1. Learning Aim A practice assessment.	Assessment cycle 2	Year 10 examinations.		Assessment cycle 4. Learning Aim B assessment.

<b>Year 11</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Content / topics</b>	Learning Component 3 Health and Wellbeing. Learning Aim C. The importance of a person centred approach, recommended actions to improve health and wellbeing, short and long term targets,	<b>Sources of support, potential obstacles to implementing plans, emotional/psychological obstacles, time constraints, availability of resources, unachievable targets, lack of support, ability/disability and addiction, Barriers to identified services.</b>	<b>Reinforcing learning of Component 3, Learning aims A, B and C for final assessment preparation.</b>	<b>Assessment preparation. Component 3 Learning Aim A, B and C.</b>	<b>Evaluation of the course and self-reflection.</b>	
<b>Skills</b>	AO1; AO2; AO3	AO1; AO2; AO3	AO1; AO2; AO3	AO1; AO2; AO3	AO1; AO2; AO3	
<b>Assessments / PPEs</b>	Baseline assessment.	Mock 1 examination		Component 3 final assessment.	Component 3 opportunity for re-sits.	